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October 2024 Monthly News

~~ UpRiver Village *Current* ~~

Supporting positive aging at home by

Providing socialization and volunteer services to older adults in

Gresham, Troutdale, Fairview and Wood Village

To help seniors remain living in their own homes and engaged in their communities as long as possible

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UPCOMING EVENTS for October & November 2024

UpRiver Village invites you to join us for the following activities and you are always welcome to invite your friends or family members to join you!

Thurs, Oct 17 from 11am to 9pm. **Flavours of India** fundraiser to **End Domestic Violence**. Presented by Flavours of India.

Mon, Oct 21 at 12 pm. **UpRiver Village Monthly Pizza Get Together** and Magic Show! Presented by UpRiver Village.

See more details on the [Events](#) page of www.uprivervillage.org **[RSVP here](#)**.

Wed, Oct 23 at 11am. Gresham Natural Grocers. **[Vote Forward](#)** letter writing.
Presented by UpRiver Village.

See more details on the [Events](#) page of www.uprivervillage.org **[RSVP here](#)**.

Sat, Oct 26 from 11am-2pm. Come say “Hello” to UpRiver Village at the **[Wood Village Pumpkin Fest](#)** Event presented by the City of Wood Village.
There will be free arts & crafts, activities, music, and more!

Tues, Oct 29 at 5:30 **[Cybersecurity Awareness](#)** at the Fairview City Hall, 1300 NE Village St, Fairview, OR 97024. Presented by City of Fairview.

Thurs, Oct 31 See different events in each city! **[Safe Trick or Treat GRESHAM](#)**, **[TROUTDALE FAIRVIEW](#)** and **[WOOD VILLAGE](#)**.



DIA DE LOS MUERTOS

Fri, Nov 1 from 5-8pm **[Dias de las Muertos in Gresham](#)**. An event full of color, music, visual art and storytelling highlighting our beautiful Día de los Muertos traditions and culture. Presented by By El Programa Hispano.



Mon, Nov 4 at 11am. **[Asset Preservation and Estate Planning Seminar](#)**. Please **[RSVP](#)** at 503 489 8813 or contact@uprivervillage.org. Hosted by UpRiver Village.
See more details on the [Events](#) page of www.uprivervillage.org **[RSVP here](#)**.

Sat. Nov 9th at 10a **[Repair Cafe and Clothing Swap](#)** in Gresham at the Rockwood

Center. Presented by The City of Gresham.

Sat. Nov 9th from 1-4pm. **Aging with Grace** hosted by Viva Village at the Southminster Presbyterian Church.

RSVP: vivavillage.org, vivavillageor@gmail.com, or 503-746-5082.

Wed. Nov 20 from 2 -4pm. **Happy Hour at Troutdale Food Carts.**

See more details on the [Events](#) page of www.uprivervillage.org **RSVP here.**



Wed, Nov 21 at 6pm. Free **Cybersecurity Discussion Panel** at Gresham City Hall. Among the panel experts will be Jeff Baer, CTO, City of Portland.



Outreach efforts continue! Meals on Wheels and Gresham Senior Center welcomed us during the lunch hour so we could offer more information about UpRiver Village.

UpRiver Village is working diligently in Gresham, Troutdale, Fairview and Wood Village so we can begin offering memberships and services.

There have been several opportunities offered in these areas to meet and learn about us. The UpRiver Village Steering Council would like to increase the attendance at these events or provide social activities that will draw out more people. What events / activities would bring you out to meet with us?

Would it increase attendance if we offered snacks? Offered transportation to a limited number of attendees? Are you interested in leading events or activities?

Share your great ideas and thoughts on how to spread the word about UpRiver Village. **We are up for the challenge!**

Please feel free to send us a note at contact@uprivervillage.org or (503) 489-8813.

Your input is valued and appreciated!

The Steering Council

-Jane-Tracy-Leslie- Deb-



A big “Thank you!” to Mt. Hood Hospice and Jolie Phanton, Community Outreach/Volunteer Coordinator for presenting to UpRiver Village.



Mt. Hood Hospice shared information about how they provide quality care to families coping with life-limiting illness, emphasizing comfort, dignity and choice. They also spoke about their support groups and their educational opportunities regarding Hospice, Advance Care Planning and Loss and Grief.

Mt Hood Hospice has been providing care and bereavement support to families in Multnomah and Clackamas Counties for 43 years.

Did you know that hospice care is 100% covered by Medicare, Medicaid and most private insurance and that folks can select the hospice of their choice?

We're Recruiting for Key Volunteers.

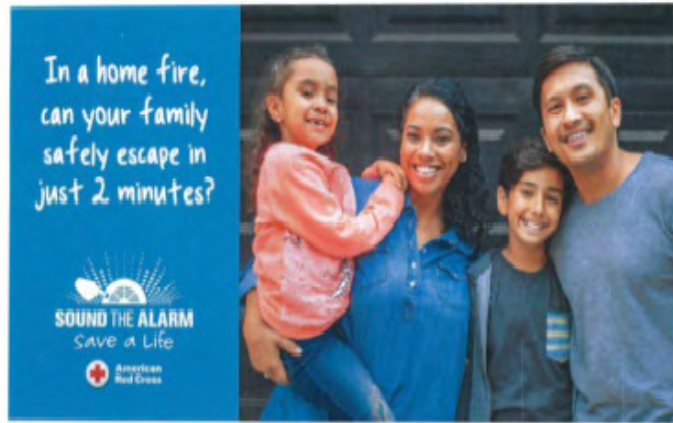
UpRiver Village's timeline for launching (that is, providing services to members) depends entirely on our ability to recruit for the following key volunteer positions:

- **Steering Council Secretary**
- **Communications Assistant**
- **Outreach Assistant**
- **Volunteer Assistant**
- **Tech Support**

[Read detailed position description here!](#)

Free Smoke Alarms From the Red Cross

The Red Cross of Oregon and SW Washington has a free smoke alarm program. [Contact the RED CROSS](#) to learn more.



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www.UpRiverVillage.org

A member of [Villages NW](#) and the [Village to Village Network](#)

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