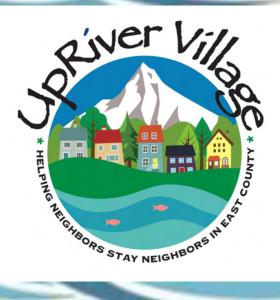
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# November 2024 ~~ UpRiver Village Current ~~

Supporting positive aging at home by

Providing socialization and volunteer services to older adults in

Gresham, Troutdale, Fairview and Wood Village

To help seniors remain living in their own homes and engaged in their communities as long as possible

### Hello UpRiver Village Supporter!

We hope you're active, happy and ready for winter!

Here's what we've got for you this month:

Grey Tsunami by Anistasia Sebolai
How Will UpRiver Village's Services be Differerent
Upcoming EVENTS

# Trailblazer News FAQ Recipe Community Opportunities How you can help us get ready to launch!

### "Grey Tsunami" by Anastasia Sebolai

How the Village Movement is Riding to the Rescue. In a startling turn of events, the Portland metro is aging faster than the rest of the country, leaving many unprepared for the tsunami about to crash on our coast. But, in the middle of this imminent crisis, an innovative community-based movement is offering a lifeline to seniors hoping to age peacefully in their own homes....Read the rest!

We frequently get asked, "How will UpRiver Village services be different from services already available to seniors in our area?" UpRiver Village services will feature four unique advantages.

- Services will be delivered by neighbors who become friends
- Volunteers will deliver a vast variety of services with very few limitations
- Volunteers will be available for scheduled services 24/7/365 (although we will never be able to guarantee that we can fill a service request)
- Services will be very affordable, especially compared to for-profit businesses who deliver similar services. With a Premium membership, services will cost less than \$2/hour.

# UPCOMING EVENTS for November & December 2024

### **UpRiver Village Events**

UpRiver Village invites you to join us for the following activities and you are always welcome to invite your friends or family members to join you!

Click on the link for more information about each event!

Sat. Nov.16, Time: 1:00 PM ~~ Banned Book Club: "Monster" You will be given DeAnne's address when you RSVP.

Sat. Nov. 16, Time: 4:00 to 8:00 PM~~ Craft Warehouse Open House and free classes! Make a Painted Mini Holiday Board, Faux Winter Snow Globe, DIY Glitter Ornament or Painted Wooden Ornament. Read more and/or RSVP.



Mon. Nov.18, Time 12pm~~UpRiver Village Monthly Pizza Get Together Flying Pie Pizzeria, 1600 NW Fairview Dr, Gresham Join Steering Council Chair Jane for UpRiver Village's Monthly Pizza Lunch Get Together. PLEASE BRING A FRIEND! Let us know if you plan to attend RSVP



**Wed. Nov. 20, from 2-4pm~~Happy Hour at Troutdale Food Carts**. We will be previewing the quilts which will be online auctioned from Dec 1 - Dec.13th! See more details on the <u>Events</u> page. **RSVP here**.

Sat. Nov. 23, from 4-8:00pm ~~ <u>Craft Warehouse</u> Make & Take Class - Make a Holiday Branch Centerpiece. <u>Read more and/or RSVP.</u>



Wed. Dec. 4, from 9a ~~ NEW EVENT!!! UpRiver Walking Group

Location: Main City Park, Ann, our Event Coordinator, will meet you at the parking lot, near the Little League Upper Ballfield and closest to the trail, as shown on map in the link above for Main City Park. RSVP to keep in touch about the weather on that day.



Fri. Dec. 13 from 12-2pm ~~ Winter Celebration!! at the <u>Gresham Senior</u>

<u>Center</u>, MOWP dining room. Come for lunch and stay for the activities which include the conclusion of the online <u>Quilt Auction</u>. <u>RSVP by DEC 8</u>!

(You can preview quilts at the Happy Hour on Nov. 20th.)



### **EVENTS Hosted by Other Villages**

Click on links for more information about each event!

Preparing for Emergencies, Monday, Nov.18, 2:00 pm - 3:30 pm

Hosted by Viva Village — Read more about it and RSVP to ViVa Village.

Social Stitchery! Tuesday, Nov.19, 4:00 pm (in a private home)

Hosted by Village at the Falls — Registration is required.

Between Two Worlds (2023), Thursday, Nov. 21, 10:00 am

Hosted by RiverWest Village, "Third Thursday Movie Discussion" Zoom

Village Game Day Thursday, Nov. 21, 3:00 pm - 5:00 pm Hosted by Rivers East Village at Round Table Pizza.



Thanksgiving Dinner @ Claim Jumpers, Thursday, Nov. 28, 4:30 - 6:00 pm Read all about it on the calendar! <u>Organized by Sunnyside East Village Registration</u> is required.

# MEET OUR NEW VOLUNTEER/MEMBER New Trailblazer Member Jeanette Hankins

New Event Coordinator and Steering
Council Member

Ann Hohl
TRAILBLAZER MEMBERSHIPS

NOW AVAILABLE



## Can anyone become a member of UpRiver Village?

No. Members must be 55 years of age or older or be disabled. Members must live within the city limits of Gresham, Troutdale, Fairview and Wood Village or vote in these cities' elections. Prospective members will be interviewed to assure UpRiver Village will be able to meet their needs and expectations.

**Click HERE to read our FAQ** 

#### THIS MONTH'S RECIPE: Pork Chops with Apples and Cider Sauce



#### **Community Opportunities**

Wed, Nov 21 at 6pm. Free <u>Cybersecurity Discussion Panel</u> at Gresham City Hall. Among the panel experts will be Jeff Baer, CTO, City of Portland.

The <u>PlayEast Program</u> is a coordinated partnership between the Cities of Fairview and Wood Village that strives to provide exciting activities to the public and offer a variety of youth programs. Check them out!

#### **Also...\$100 LAPTOPS AVAILABLE!**

**Peg Farrell from Eastside Village** is offering several refurbished laptops for \$100 each. For specs and details please contact Peg directly at <a href="mailto:pegfarrell@gmail.com">pegfarrell@gmail.com</a>.

## How you can help us get ready to launch!

Key Volunteers Needed!
Our open-for-business date could be as early as July if we can find the following volunteer help...

- Outreach Coordinator (a small team is already in place!)
- Communications Coordinator
- Volunteer Manager

Smaller parts of any of these positions may be helpful if you have the time and want to explore possibilities. Let us answer your <u>questions</u>.

#### Also please contact us if you can suggest...

- Places to present
- People to talk to
- Event ideas and event leaders (or lead an event yourself)

Get your checkbook out for our year-end appeal! You will receive a letter or email from us in the next couple of weeks asking for your financial support to get UpRiver Village up and running. Being in our infancy, UpRiver Village needs funds for tabling equipment and supplies (canopy, table, chairs, etc.), volunteer background checks, insurance, copying (big expense!), tabling fees, and much more. Plan to donate in December to help us become fully operational and able to serve seniors as soon as possible. We would greatly appreciate your contribution!

Please feel free to send us a note at <a href="mailto:contact@uprivervillage.org">contact@uprivervillage.org</a> or leave a message at (503) 489-8813. Your input is valued and appreciated!

#### **The Steering Council**

~Jane-Tracy-Deb-Leslie-Ann~

#### **Click Here to Contact Us**









#### www.UpRiverVillage.org

A member of <u>Villages NW</u> and the <u>Village to Village Network</u>

eMail: contact@uprivervillage.org

Phone: 503-489-8813

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